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## Supervision Professional Disclosure Statement

The purpose of this document is to provide additional information regarding my educational and professional experiences with counseling supervision. Before entering into a supervisory relationship, it is important for professionals to communicate the purpose of counseling supervision, supervision goals, and expectations.

### **Educational Qualifications and License Information:**

I hold a Master of Arts (MA) degree in Marriage and Family Therapy and Counseling from Reformed Theological Seminary in Jackson, MS, and I am enrolled in a Ph.D. in counselor education and supervision program at James Madison University (JMU) in Harrisonburg, VA. I earned a license as a Licensed Professional Counselor (LPC) in Virginia in 2013, and I earned certification as a National Certified Counselor (NCC) in 2017.

### **Mental Health Competency:**

I have practiced as a mental health, couples, and family counselor since 2009. This has included work with clients in home- and clinic-based settings. I practice structural family therapy that is informed by attachment theory and interpersonal neurobiology.

### **Supervision Experience:**

I have met the qualifications for and provided supervision for residents in counseling, as well as master's-level practicum and internship students since 2015.

### **Model of Supervision:**

My approach to supervision most aligns with Duffey and Haberstroh's Developmental Relational Counseling model. Furthermore, as an attachment-informed practitioner, I work to create a secure bond between myself and supervisees to support exploration of the world of professional counseling practice and a safe haven to organize and make sense of the experiences that create the anxiety in pre-professionals that is necessary for growth and change.

As a family-systems oriented practitioner, I am also interested in identifying and naming relational patterns that can be applied to my supervisees' work generally. As such, we may not talk about every client with whom a supervisee is working in a supervisory meeting, but rather identify and work to change patterns that can benefit the supervisee's work broadly. My supervision approach appreciates the developmental journey; it is strengths-based and outcome oriented. In order to assess supervisee competency and growth, I use a variety of supervision interventions that align with our mutually identified supervision goals.

I prefer to supervise through the review of video recordings of supervisees' work because this provides a more objective perspective on what is occurring in the room between practitioner and client. In the same vein, I prefer to record supervision sessions—with my supervisees' permission—so that I can receive supervision on my supervision.

### **Limits/Scope Confidentiality**

There are limits to confidentiality in the provision of counseling supervision and this may include: a) if the supervisee must report information obtained in the counseling session to outside authorities; and b) when I provide evaluative feedback to outside stakeholders.

### **Contact Information and Emergencies**

You may contact me on my cell phone: (540) 414-5487, or by e-mail: [charles@arrow-project.org](mailto:charles@arrow-project.org). In the case of an emergency, please call me cell phone (540) 414-5487. If you call during an emergency and do not reach me the first time, please leave a voicemail or send me a text message indicating that you need immediate assistance. Otherwise, I will respond within 24 hours.

### **Relevant Credentialing Body**



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In the provision of supervision services, I will work to uphold the 2014 ACA Code of Ethics. I am credentialed as an LPC and clinical supervisor by the Virginia Board of Counseling.

**By signing this document, I am affirming that I have read and received a copy of this disclosure statement.**

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**Supervisee (Printed)**

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**Supervisee signature/date**

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**Supervisor & credentials (Printed)**

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**Supervisor signature/date**